

TCC COUNSELING SERVICES

An online counselor will provide confidential assistance if you are experiencing personal concerns such as anxiety, depression, or other issues.

If you are in crisis, use the following resources:

- MHMR Tarrant: Call or text 817-335-3022; 1-800-866-2465 (Toll free); 817-569-4488 (TTY-TDD number for Hearing Impaired)
- National Suicide Prevention Hotline: 1-800-273-8255
- Crisis Text Line (Text START to 741-741)

Remote Hours

- **Monday–Thursday:** 8 a.m.–7 p.m.
- **Friday:** 8 a.m.–5 p.m.
- **Saturday & Sunday:** Closed

Contact Options

To schedule a phone or video session with a counselor, email your campus counseling office.

Northeast Campus

ne.counseling@tccd.edu
817-515-6661

Northwest Campus

nw.counseling@tccd.edu
817-515-7788

South Campus

south.counseling@tccd.edu
817-515-4558

Southeast Campus

se.counseling@tccd.edu
817-515-3590

Trinity River Campus

tr.counseling@tccd.edu
817-515-1055